










## Afterschool Club: Autumn Term 2023 Snack Menu





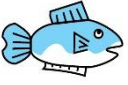
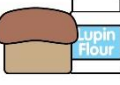






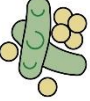

<u>Served Daily from 8am until 8.30am</u>					
<b><u>Breakfast</u></b>	Rice Crispies 	Cornflakes 	Weetabix 	Toast or Crumpets with Butter or Jam 	Fresh Yoghurts or Fresh Fruit 
<b><u>Drinks</u></b>	Fresh Orange Juice 	Fresh Apple Juice 	Milk 	Water 	

Fresh fruit and water are always available during breakfast club and easily accessible to the children.

Our breakfast menu has been designed in line with Welsh Government's best practice guidance for Food & Nutrition.

If your child doesn't like what's on offer, we will always cater for something they do like to ensure they've a breakfast.

## Little Disciples Breakfast Menu: Dishes and their allergen content

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk/dairy	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Milk							✓							
Orange Juice														
Apple Juice														
Rice Crispies		✓												
Cornflakes		✓												
Weetabix		✓												
Toast & Crumpets		✓												
Fresh Yoghurts		✓					✓							

Review date: September 2023

Reviewed by: Mr S. Gocher (Manager)